



—JEUX DU—
CANADA
—GAMES—

**SPORT FOR
LIFE CENTRE**

C O M B I N E

Regional Testing Combine

open to athletes of ANY level and sport in the WEST Region.

The Day Includes:

- **1:00pm** Free Lunch n' Learn info session for parents & coaches
- **1:30pm** Free NCCP Session for parents & coaches- Basic Mental Skills
- **1:00pm** Athlete Combine Testing for Speed, Agility, Strength, & Power
- Review of athlete's results by Sport Performance Experts
- Draws, Prizes & Music
- Recovery Snacks and Drinks for all Combine participants
- Commemorative Gift for all Combine participants
- **7:00pm** Rink Talk at Credit Union Place for parents & athletes
Topic: Pathway to High Performance Sport | Megan Foster

Sport
MANITOBA



WHEN: October 14, 2017

WHERE: Dauphin Regional
Compressive
Secondary School,
Dauphin, MB

TIME: 1:00pm – 3:00pm

WHO: Ages 12 and up

FEE: \$30 per individual

Fee discount available for teams bringing 10+ athletes!

TO REGISTER: Please contact Brittany at brittany.bruinooge@sportmanitoba.ca
or call (204) 720-8066 for registration form and more details.

Registration form must be received by October 13, 2017